Women's Records

Indoor Records

Event	Name	Time	Year
55m	J. Thomas	6:96	'92
60m	T. Atkins	7.86	'08
55mH	M. Hans	7:96	'88
60mH	T. Atkins	8.82	'08
200IH	M. Hans	28.7	'87
200	A. Berrien	25.58	'03
300 yds	J. Thomas	36.1	'92
400m	J. Thomas	57.2	'92
600m	K. Cramer	1:36.06	'08
800m	K. Parker	2:15.8	'06
1000 yds	T. Padilla	2:47	'92
1500m	T. Richards	4:42	'98
Mile	T. Rchards	5:02.16	'98
3000m	T. Richards	10:20.8	'98
5000m	D. Chavis	18:02.40	'95
High Jump	J. Hawkins & N. Smith	5'5"	'99, '08
Long Jump	G. Henrickson	18'9"	'98
Triple Jump	M. Abood	38'.75"	'01
Shot Put	B. Coleman	40'11"	'92
Pole Vault	A. Haines	13'	'05
20lb wt.	L. Fleming	57'1"	'07
800mR	Richards, Watson, Armey, Russell	1:42.11	'98
1600mR	Payne, Cramer, Sample, Chapman	3:59.31	'08
4X800	Clark, Watson, Richards, Kangus	9:17.4	'96
Dis Med R	Thomas, Martin, Smolen, Padilla	12:14	'92
600m	R. Watson	1:36.1	'96
Pent	J. Hawkins	3299 pts	'00
1000m	T. Richards	2:57.76	'97

Outdoor Records

Event	Name	Mark	Year
100m	J. Thomas	11.6	'92
200m	J. Thomas	24.6	'91
110m hH	M. Hans	14.2	'87
400m Ih	M. Hans	62.3	'87
400m	J. Thomas	55.0	'91
800m	K. Parker	2:12.68	'04
1500m	T. Richards	4:35.30	'98
3000m	T. Richards	10:05.2	'98
5000m	T. Padilla	17:47.8	'92
10,000m	T. Padilla	36:40	'92
Marathon	D. Chavis	2:58.58	'95
High Jump	A. Haines	5'7"	'07
Long Jump	M. Abood	18'4.5"	'01
Triple Jump	M. Abood	37'6"	'01
Shot Put	L. Fleming	41'11"	'05
Pole Vault	A. Haines	14'.25"	'05
Javelin	M. Choszczyk	139'7"	'10
Discus	J. Stasa	143'9"	'09
Hammer	L. Fleming	170'4"	'05
1600 Relay	Payne, Franklin, Cramer, Chapman	3:51.51	'09
2 Mile Relay	Gerig, Sample, Ham, Cramer	9:36.38	'07
Sprint Medley	Rogers, Thomas, Beutler, Seiser	1:47.8	'92
Heptathlon	J. Hawkins	4,362	'99

Cross Country Records

Record	Name	Time	Year
Freshman	Michelle Ruggero	18:02	'99
Sophomore	Danielle Risner	18:19	'97
Junior	Krishawna Parker	17:41	'05
Senior	Theresa Padilla	17:58	'91
	Deb Chavis	17:58	'94
3 Mile	Alissa Garcia	18:17	'84
5,000m	Theresa Padilla	17:58	'91
	Deb Chavis	17:58	'94
Course	L. Switzer (Dayton)	17:38	'87

NAIA Placement

10th Place
2006
Parker, Ham, Gerig, Sample, Belair, Cramer, Borsvold

11th Place
2004
Parker, Veiner, Harvey, Smith, Van Zandt, Hinkly, Musolf

11th Place
1997
Davenport, Risner, Nesbit, Stawasz, Dalton, Watson